

Middlesbrough's Statistics Tables

CW0101/CW0102 - Proportion of residents who do any walking or cycling at least once per month							
	Darlington	Stockton	Hartlepool	Redcar	Middlesbrough	Regional	National
Walking	87.8	85.6	82.3	86.5	80.3	84.4	86.3
Cycling	12.2	16.6	8.9	14.2	9.8	11.9	14.7

CW0121/CW0122 - Proportion of residents who walk (for at least 10 minutes continuous) a given number of times per week/month							
	Darlington	Stockton	Hartlepool	Redcar	Middlesbrough	Regional	National
1 x per month	87.8	85.5	82.3	86.5	80.3	84.4	86.3
1 x per week	78.2	77.5	74.1	76.9	73.2	76.3	77.3
3 x per week	52.4	52.2	53.9	51.1	50.4	54.6	54.7
5 x per week	42.9	39.2	41.2	39.6	43.2	44.6	43.7

CW0241/ CW0242 - Proportion of residents who usually walk (any purpose) for at least 10 minutes for given lengths of time per day							
	Darlington	Stockton	Hartlepool	Redcar	Middlesbrough	Regional	National
Less than half hour	18.3	23.9	18.3	16.3	16.5	18.2	
Half to 1 hr	29.2	29.4	28.4	26.3	26.6	27.9	
1 to 2 hr	21.5	17.4	17.1	25.7	23.5	21.1	
2 to 17 hr	15.3	12.3	14.1	15.8	10.1	13.1	

CW0261/CW0262 - Proportion of residents who usually walk for at least 10 minutes, for the purpose of recreation, for given lengths of time per day							
	Darlington	Stockton	Hartlepool	Redcar	Middlesbrough	Regional	National
Less than half hour	10.5	11.0	6.0	6.6	10.0	8.7	9.5
Half to 1 hr	20.5	16.0	18.0	20.7	14.6	18.1	18.5
1 to 2 hr	16.2	14.2	11.0	22.5	15.5	17.7	17.5
2 to 17 hr	7.5	10.1	12.7	9.8	9.3	8.2	8.7
For health and recreation not for getting from place to place							

CW0331/CW0332 - Proportion of residents who walk (for at least 10 minutes) for utility purposes at a given frequency

Walk at least	Darlington	Stockton	Hartlepool	Redcar	Middlesbrough	Regional	National
1 x per month	54.7	52.5	50.9	50.6	56.0	52.6	57.2
1 x per week	41.9	45.0	40.9	39.9	45.5	43.2	47.4
3 x per week	25.5	26.6	28.2	19.5	29.8	27.2	30.2
5 x per week	18.1	17.7	16.9	11.0	20.6	18.7	20.2

CW0411/CW0412 - Proportion of residents who walk (for at least 10 minutes) for recreational purposes a given number of times per week or month

Walk at least	Darlington	Stockton	Hartlepool	Redcar	Middlesbrough	Regional	National
1 x per month	58.9	54.4	51.6	63.4	52.8	56.5	56.5
1 x per week	46.3	41.2	39.5	49.9	39.8	44.1	42.7
3 x per week	23.9	23.5	27.3	29.8	18.9	26.2	23.1
5 x per week	19.4	16.6	18.2	21.9	15.5	19.3	16.3